

First Grade
Weekly High Frequency Words and Spelling Lists

Unit 1

High Frequency Words

Week 1	on	way	in	
Week 2	and	take	up	
Week 3	get	help	use	
Week 4	eat	her	this	too
Week 5	saw	small	tree	your
Week 6	home	into	many	them

Spelling Words

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
at	in	mom	nap	bed	run
can	it	hot	naps	men	cut
cat	did	hop	sit	red	must
back	sit	pot	sits	step	sun
dad	six	pop	win	ten	up
am	fix	ox	wins	net	bump
bat	lip	lock	fit	leg	jump
mad	mix	mop	fits	jet	bus
ran	pin	got	hit	sled	nut
sack	wig	rock	hits	wet	rug
way	and	help	her	saw	many
on	take	use	too	your	into

First Grade
Weekly High Frequency Words and Spelling Lists
Unit 2

High Frequency Words

Week 1	catch	good	no	put	want	
Week 2	be	could	horse	old	paper	
Week 3	live	out	people	who	work	
Week 4	down	inside	now	there	together	
Week 5	around	find	food	grow	under	water
Week 6	also	family	new	other	some	their

Spelling Words

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
ship	face	like	home	huge	be
fish	made	ride	hope	June	feet
then	age	smile	rose	rule	he
shut	safe	time	woke	tube	see
with	take	white	those	use	we
rush	make	bike	bone	cube	green
shell	cage	dime	hose	cute	me
shop	cake	hide	joke	flute	she
trash	late	ice	rode	rude	tree
thin	name	kite	stone	mule	week
want	could	who	there	water	some
good	old	work	together	under	family

First Grade
Weekly High Frequency Words and Spelling Lists
Unit 3

High Frequency Words

Week 1	always	become	day	everything	nothing	stays	things
Week 2	any	enough	ever	every	own	sure	were
Week 3	away	car	friends	house	our	school	very
Week 4	afraid	again	few	how	read	soon	
Week 5	done	know	push	visit	wait		
Week 6	before	does	good- bye	oh	right	won't	

Spelling Words

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
my	bring	fix	Ask	her	bigger
by	trunk	fixes	asked	first	biggest
try	pink	class	plan	bird	faster
any	bank	classes	planned	girl	fastest
body	sang	wish	help	burn	slower
fly	wing	wishes	helped	were	slowest
cry	rink	kiss	jog	shirt	shorter
lucky	blank	kisses	jogged	fur	shortest
silly	rang	bus	call	hurt	sadder
Puppy	sunk	buses	called	sir	saddest
things	every	friends	again	visit	good-bye
always	sure	very	soon	done	before

First Grade
Weekly High Frequency Words and Spelling Lists
Unit 4

High Frequency Words

Week 1	about	gives	enjoy	surprise	would	worry	
Week 2	colors	draw	drew	great	over	show	sign
Week 3	found	mouth	once	took	wild		
Week 4	above	eight	laugh	moon	touch		
Week 5	picture	remember	room	stood	thought		
Week 6	told	because	across	only	shoes	dance	opened

Spelling Words

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
train	eat	boat	lie	backpack	slowly
way	sea	road	tie	outside	careful
tail	each	snow	high	baseball	quickly
play	team	row	might	herself	useful
day	please	yellow	right	flashlight	painful
may	dream	loaf	night	bluebird	playful
rain	treat	coat	bright	lunchbox	sadly
gray	beach	soap	light	suitcase	gladly
mail	clean	blow	pie	inside	nicely
afraid	lean	pillow	tight	brainstorm	wonderful
about	colors	once	above	picture	because
would	sign	wild	laugh	remember	across

First Grade
Weekly High Frequency Words and Spelling Lists
Unit 5

High Frequency Words

Week 1	along	behind	eyes	never	pulling	toward
Week 2	door	loved	should	wood		
Week 3	among	another	instead	none		
Week 4	against	goes	heavy	kinds	today	
Week 5	built	early	learn	science	through	
Week 6	answered	brothers	carry	different	poor	

Spelling Words

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
how	mouth	book	oil	saw	unhappy
town	house	moon	soil	draw	refill
down	found	took	voice	crawl	untie
now	our	food	point	straw	undo
brown	out	look	boy	law	repay
cow	cloud	pool	boil	jaw	unkind
clown	ouch	zoo	coin	paw	undress
frown	shout	noon	oink	lawn	retell
crowd	round	good	toy	yawn	reopen
growl	count	boot	join	hawk	refund
eyes	should	instead	against	through	different
never	loved	another	heavy	science	carry